



Supper for Six

Thursday, February 11, 2010
5:30-7:00 pm

At Stoneleigh Burnham School's Geisler Gallery
Bernardston Road, Greenfield

\$5 (to cover the cost of printing and mailings) and one or more "Supper for Six" Bags

What's a Supper for Six Bag? A reusable grocery bag filled with non-perishable items for dinner for a family of six (and maybe breakfast and lunch too!).

If you can, include "instructions" or helpful tips on how to make the most of the food you have included.

Last year we collected 244 bags weighing in at 4,200 pounds!
We hope to exceed that this year!

All bags of food to be distributed to families in need in all of Franklin County through the Center for Self Reliance (Greenfield & West County) and the Franklin County Community Meals Program Food Pantry (Orange)

Refreshments will be provided.

RSVP to the United Way 772-2168
or info@uw-fc.org



Need ideas for your bag?

Start with a Main Dish...such as...

Large can of Beef Stew

Pizza Kit or two

Two cans of tuna fish and two boxes of mac & cheese

Any packaged dinner with meat included

Large can of meat ravioli or spaghetti with meat balls

Pasta and meat sauce

***Add:* A couple of cans of your favorite veggies, or 3-bean salad & cans of fruit or applesauce**

***Add:* A starch like egg noodles, corn muffin mix or instant potatoes**

***Add:* A dessert, like a brownie mix or cake mix with a can of frosting or a package of cookies**

Then...if you have a dollar or two left and space in your bag, it would be wonderful to add one or two more things like a box of cereal, a bottle of juice, pancake mix, cans of hearty soup, granola bars, juice boxes, jars of peanut butter and jelly, etc.

**Everything needs to be non-perishable, but other than that, be creative and
THANK YOU FOR SHARING!!!**

Women's Way Supper For Six Planning Committee: Kay Berenson, Cynthia Carr-Kramer, Amy Clarke, Mary Cohn, Julie Collins, Sharon Connery, Chris Eugin, Lori Grover, Bonnie Johnson, Kay Johnson, Leslie Kinney, Mary Konieczny, Debra Klein, Jean Lawrence, Carol Lebo, Shelia LeGrenade, Annette Mackin-Wadleigh, Jan McGuane, Maria Mullevey, Carole Pennock, Kristin Peterson, Sharon Pleasant, Roberta Potter, Sharon Roth, Vanna Ruggles, Linda Smith, Linda Stacy, Jean Wanczyk, Ruth Yanka